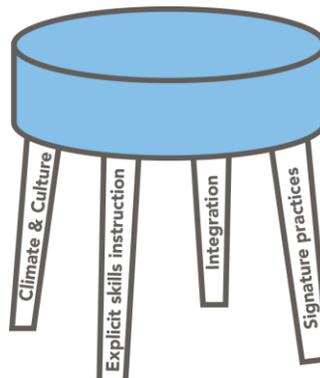


Systemic Approach to Comprehensive Social and Emotional Learning
Guided by the **Core 4 Principles of Social and Emotional Learning**, successful implementation of comprehensive SEL includes four key areas of support, or “legs of the stool”.



RELATIONSHIPS are the key to success. Caring, supportive and respectful relationships are essential.



ENVIRONMENT enhances the learning experience. Innovative learning experiences in welcoming, safe and supportive environments facilitate collaboration, inclusivity and learning.



RESILIENCE empowers you to meet your goals. Learning is a personal journey that involves reflection, perseverance and on-going improvement.



ENGAGEMENT drives your learning experience. A culture of empowerment, voice and critical thinking encourages everyone to learn with and from each other.

Climate & Culture

What: Welcoming, safe and supportive environments to foster learning and personal growth

Why: A positive school climate and culture sets the tone for youth and adults and are the foundation for modeling and practicing SEL

How: Examples include adults modeling and practicing SEL skills, referring to adults and students by their name, etc.

Explicit Skills Instruction

What: Teaching the five SEL competencies (Self-Awareness, Self-Management, Social Awareness, Relationship Skills, and Responsible Decision-Making) through a selected curricular program

Why: Explicit naming, teaching and supporting SEL skills help students develop SEL skill acquisition

How: Utilize the Sanford Harmony curriculum to lead 45-minutes per week of explicit SEL instruction

Integration

What: Infuse the teaching of SEL skills and competencies with established content delivery, utilizing SEL standards

Why: Provides context and reinforcement of lessons taught during explicit instruction; brings relevance to skill acquisition

How: Examples include a writing prompt that asks students to explore the values of friendship, or writing/acting out a skit that explores bullying and understanding differences in people

Signature Practices

What: The norms and routines that reinforce the acquisition of the five SEL competencies, and are used in classrooms, staff meetings, and common spaces such as cafeterias and hallways

Why: Provides constructive opportunities for adults and students to practice their explicit SEL skills

How: There are three categories of Signature Practices:

- 1) Welcoming Activity (ex. Icebreakers, morning meeting)
- 2) Engaging Practices (ex. Brain Breaks, Mindfulness, Opportunities for Student Collaboration)
- 3) Optimistic Closing (ex. Something I Learned / Wonder)



1) Implement Campus SEL Steering Committee

- Assemble a diverse group of stakeholders (Teachers, Administrators, Counselors, OST Site Coordinator, Family Engagement Liaisons, etc.) who can guide SEL implementation on your campus.
- Schedule consistent meetings at least every six weeks to discuss progress.
- Prepare meeting agendas in advance to identify campus successes, challenges, and data to review in collaboration with Committee members.
- **How will you know that Steering Committees are successfully working?**
 - Map out your action plan and timeline for accomplishing this goal: who, how, and when.

2) Implement Explicit Skills Instruction w/ Sanford Harmony

- Begin Sanford Harmony lessons by the week of October 1st.
- Ensure that campus staff have a regular schedule / time slot for leading Sanford Harmony lessons (45 min / week).
- Reach out to your partner coordinators for assistance as needed.
- **How will you know that Sanford Harmony lessons are being implemented consistently and with intention?**
 - Map out your action plan and timeline for accomplishing this goal: who, how, and when.

3) Select and Implement at least three Signature Practices (at least one per category)

- Practice Signature Practices: welcoming activities, engaging practices, and optimistic closures.
- Model these practices in staff meetings and other staff-focused activities.
- Highlight different variations of Signature Practices and encourage teachers to share their favorite practices / examples.
- **How will you know that Signature Practices are being successfully implemented in all classrooms?**
 - Map out your action plan and timeline for accomplishing this goal: who, how, and when.

4) Integrate SEL into the Content

- Encourage teachers to reference the SEL Learning Standards (one-pager) when developing lesson plans.
- Use SEL connections embedded in core content curriculum found in the Unified Classroom learning management system.
- Provide work time for teachers / grade levels to collaborate on academic integration with SEL (ex: share example lessons, discuss connections with competencies, discuss student progress with SEL connections, etc.).
- **How will you know that SEL is being successfully incorporated into lessons and learning opportunities?**
 - Map out your action plan and timeline for accomplishing this goal: who, how, and when.