

## A Plan for Action

With awareness of the components necessary to manage complex change, and a better understanding of the critical steps of the Spectrum of Prevention, consider what your personal and professional resolve will be to raise the level of awareness about ACEs (Adverse Childhood Experiences) and the public health crisis that now exists as a result of the toxic stress they cause.

***Design an action plan both personally and professionally to raise the level of awareness about ACEs and utilize this information to positively impact student learning***

## PART ONE

**Review your Active Reflection Framework. Identify components from it that you could consider as you determine your next steps:**

**Resources to remember – What resources can you utilize to assist with your next steps?**

**Possibilities for your school/district/community - Determine the areas within your classroom, school, district or community where use of the knowledge obtained from this session can be applied. What current classroom, school, district or community challenges might be supported by deeper understanding of key elements of the ACEs research?**

**Topics for debrief with other audiences:**

## Spreading Awareness on ACEs and other topics from this session

What are your spheres of influence? List the various spheres of influence where you can begin to raise the level of awareness about ACEs and other topics from this session.

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## Prioritize your topics and assess the amount of time that you will have to share information

With each sphere of influence what information/topics will you share? And how much time will you have to share the information? Use this space to prioritize what information you would like to bring back to your district/school/community, etc.

Spheres of influence/information to share	Time: Opportunities to share the information



